

Summer School 2026

Vignette 9A

Serenity Prayer Treatment

There is only One Life. That Life is God's life. That Life is Wisdom itself, complete and unshaken. That Life is my life now.

Because I know that I am one with God, I also know that within me is the very serenity, courage, and wisdom that God is. These are not qualities I have to search for. They already live at the center of my being. Here and now, I consciously choose to let these qualities, serenity, courage, and wisdom, show up in my life.

I choose serenity to accept the things I cannot change. The people I cannot control. The past I cannot undo. The outcomes that are not mine to decide. I release my grip on what was never really mine to hold, and I let peace take its place.

I choose courage to change the things I can, beginning with my own thoughts. My own words. My own choices, one at a time. Where I have stayed silent, I find the strength to speak. Where I have stayed still, I find the strength to move.

I choose wisdom to know the difference between what I can change and what I can't. I claim a clear mind that can tell the two apart. No longer do I fight battles that were never mine to fight. No longer do I stand still when I am called to act.

With an open, joyful, and loving heart, I give thanks for the Divine grace and discernment that guides my life.

I know that as I release these words into the power and action of the Law, they return to me fulfilled. I am grateful God is gracious. I am grateful God is good. And so it is. Amen.