



Black Brilliance and Legacy

Welcome

This February, our children will celebrate Black Brilliance and Legacy—honoring our ancestors' courage, creativity, and love while affirming their own power to shape the future. In Science of Mind, we teach that every child is a divine idea in the Mind of God, born whole, connected, and creative. Just as our ancestors made choices that opened the way for us, our children carry that same power to choose love, truth, and purpose today.

This Month in YFV

February 1, 2026: *The Me I Choose to Be*

Our children will explore the brilliance of their legacy through **self-portraits and affirmations**. As they reflect on the gifts of their ancestors, they will practice choosing the qualities they wish to embody—strength, kindness, creativity, and joy.



Special Opportunity

Does your child want to **sing with Heart Song** or **share a Poem** during Sunday Service Feb 8? Attend the Monday February 2 rehearsal (7-9 pm) and/or contact yfv@heartsoulcenter.org for more information.


February 8, 2026: *I Am Because We Are*

Our children will design "**Legacy Shields**" that represent their identity, values, and commitment to justice. Through this activity, they will see how their personal story is connected to history, community, and the ongoing work of love and truth.

February 15, 2026: A Special Visit: *Earnestine Calvin brings a lesson on the history of quilting* with a crafting session - all families welcome.

Family Connection

Here are simple ways to deepen the learning at home:

Cook a meal together  using a favorite family recipe. Talk about the love it carries.

Create a "Rainbow Plate" at home—fill it with colorful fruits or veggies.



Share one "gratitude bite" at dinner: before eating, each family member names something they're thankful for.



Events to look forward to:

In March, our Youth and Family Village will honor Women's History Month by learning about the contributions of women whose courage, creativity, and service shaped our communities and the world.

